

IN LOVING MEMORY



JOSEPH L. COATES, SR. "POPS"

JUNE 12, 1954 ~ JUNE 1, 2026

**June 16, 2026
Our Lady of Good Counsel Catholic Church
Vienna, VA**

JOSEPH "JOE" COATES, "POPS"

Joseph "Joe" Coates lived a life defined by strength, humor, and heart. Born in Washington, D.C., and raised in Vienna, Virginia, Joe grew up with a spirit that was impossible to ignore. After graduating from George C. Marshall High School, he answered the call to serve and enlisted in the United States Marine Corps, carrying with him the discipline and determination that would shape the rest of his life.

Joe had a big personality and a lifelong love for sports *but soccer, which he jokingly claimed wasn't a sport at all*. His passion for fitness became his calling. As a personal trainer, football coach, and track coach, he inspired countless people to push harder, believe in themselves, and discover their own strength. Coaching wasn't just something he did; it was one of the ways he loved.

He found joy in the simple things that made life feel good, his daily Starbucks, the rumble of a Harley-Davidson, and, most of all, being surrounded by the family he cherished. Joe was the proud father of Eddie, Athena, JC, Leilani, and Zach, and a loving stepfather to Andre. His family was his anchor, his pride, and his greatest joy.

Joe's life was shaped by the people he loved deeply. His beloved Aunt Helen Carter and his special nephew Stephen held unique places in his heart. He was preceded in death by his son Eddie, his brother Steve, his mother Alees, and his former wife Rhonda. Today, his legacy lives on in his children, grandchildren, extended family, and the many friends and athletes whose lives he touched.

Joe lived boldly, loved fiercely, and left an imprint that will not fade. His laughter, his strength, and his unmistakable presence will be remembered with gratitude and love by all who had the privilege of knowing him.



